

EFFECT OF TOMATO (*Lycopersicon esculentum*) POWDER ON OXIDATIVE STABILITY AND SENSORY CHARACTERISTICS OF BROILER MEAT

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ABSTRACT

Antioxidant potency of graded levels of tomato powder in cooked and raw broiler meat under refrigerated storage was evaluated and compared with that of Butylated Hydroxyl Anisole (BHA), a synthetic antioxidant. To a separate 200g of minced broiler meat, 0% (control), 0.5%, 1% and 1.5% of tomato powder were applied. A positive control was prepared with 0.15% of BHA in a separate 200g of minced broiler meat. Each sample was divided into 16 parts of 12.5g each. Eight of these were cooked in a microwave oven for 1¹/₂ minutes while the other eight parts were left raw. The samples were packaged in different nylon bags, with labeling corresponding to the treatment applied and then stored in a refrigerator at 4⁰C. Oxidative stability of the cooked samples was monitored for 6 days at two-day intervals while that of raw samples was monitored for 9 days at three-day intervals. A forty-member team was constituted to form the taste panel and was instructed on the parameters to adjudge using a five point Hedonic scale. The result showed that all additives and BHA reduced lipid oxidation in broiler meat. This was shown by lower TBARS values in meat samples with additives compared to meat samples without additive. There were significant differences (P<0.05) in the TBARS values of cooked and raw meat samples. There was a general increase in lipid oxidation as storage day progress. However, the increment was more pronounced in cooked meat samples than the raw meat samples. The result revealed that 0.5% and 1.5% tomato powder exhibited higher antioxidant potency (P<0.05) than BHA in the cooked and raw samples respectively. The control samples were the most susceptible to lipid oxidation. Sensory scores revealed that all levels of tomato powder improved the color, flavor, juiciness, tenderness and overall acceptability of broiler meat. Tomato powder could therefore, be used as a cheap, readily available and safe source of natural antioxidant to protect broiler meat from lipid oxidation and improve its sensory characteristics.

Key words: tomato, antioxidant, minced, broiler, BHA

INTRODUCTION

Broiler meat is subject to chemical and microbial deterioration [1, 2]. Prominent among the chemical deteriorations, which this product is subject to, is lipid oxidation [2, 3, 4]. Lipid oxidation refers to the oxidative breakdown of polyunsaturated fatty acids, which causes off-color, off-odor and rancid taste or warmed over flavor thus lowering the quality of broiler meat [5, 6, 7]. Although, the major cause of lipid oxidation is oxidative breakdown of polyunsaturated fatty acids, changes in tissues can also occur because of reaction between protein and the products of oxidative processes [5, 7, 8]. Lipolytic enzymes such as lipases and phospholipases [9] also cause oxidative changes in fatty acids. The rate of lipid oxidation is influenced by light and temperature [10]. Lipid content and composition of poultry tissue vary considerably and directly influence the extent to which lipid oxidation develops during storage [8]. Age, sex and breed of animals are also known factors influencing the rate of lipid oxidation [5].

In order to prevent lipid oxidation, antioxidants are used [6, 7]. Based on their source, there are two types of antioxidants: synthetic and natural antioxidants [2, 11]. Synthetic antioxidants are obtained from inorganic chemicals or compounds. They have been in use for a fairly long period and are known to be effective [11, 12]. Examples are Butylated Hydroxyl Anisole (BHA), Butylated Hydroxyl Toluene (BHT), and Tertiary Butyl Hydroxyl Quinone (TBHQ) [2, 11]. Despite the effectiveness of these chemicals, there are some problems associated with their use. For instance, synthetic antioxidants are scarce, expensive and carcinogenic in nature [11, 12]. Apart from causing cancer, they are said to cause diabetes, arteriosclerosis, impairment to blood clotting and lung damage [11, 13]. In the bid to find a lasting solution to these problems, it has been necessary to use natural antioxidants obtained from herbs and spices [4, 14], cereals and legumes [7, 14]. In recent years, increasing attention has been paid to the role of natural antioxidants in human health [15]. Such compounds, recognized as important factors in food preservation are now believed to be health-protecting factors [10, 15, 16]. In fact, they can act by reducing the content of toxic components in food and by supplying the human body with exogenous antioxidants [10, 15, 17]. For these reasons, information on the overall antioxidant properties of food is becoming relevant in the field of nutrition and food technology [18]. Thus, considering the important roles of these compounds in health protecting factors, the original antioxidant properties of food should be maintained using optimized food processing conditions [10, 16]. It must, however, be stressed that the best way to lay an antioxidant rich foundation that is inhospitable to toxins and free radicals is through a combination of whole foods [15].

Tomatoes are fast becoming one of favorite foods, as they are a good source of antioxidants [19]. Apart from reducing lipid oxidation in oil and fatty foods, tomatoes can ward off certain kinds of cancer, prevent brain degeneration and cataracts, and help maintain mental function as humans age [15]. Tomatoes contain lycopene, a relatively rare member of the carotenoid family, also found in pink grape fruit and twice as powerful as beta-carotene [10]. Studies have shown that men who eat more tomatoes or tomato sauce have significantly lower rate of prostate cancer [15]. Other

studies suggest that lycopene can help prevent lung, colon and breast cancer [11]. Tomatoes also contain glutathione, an antioxidant that helps boost immune functions [10, 15]. In this light, this study was aimed at revealing the antioxidant potential of tomato powder. The objectives of the study are as follow:

- to evaluate the antioxidant effect and specific amount of tomato powder that would effectively reduce lipid oxidation in a specified quantity of broiler meat;
- to determine the effect of tomato powder on the sensory characteristics of broiler meat.

MATERIALS AND METHOD

Fresh Tomatoes (*Roma VF*) were purchased from a local market within Ilorin Metropolis. The tomato juice was extracted manually while the pericarp (flesh) excluding the seed was oven dried at 40⁰C for 48 hours. The oven-dried tomato was ground into powder using an electronic mixer blender (MC-999, England). Broiler chickens of eight weeks old were purchased from Unique farms, Ilorin Kwara State. The chickens were slaughtered by cutting through their jugular vein and de-feathered manually by dipping into hot water. Thereafter, the chickens were washed and eviscerated. The carcass was cut into different parts. The head, neck, legs, wings and the internal organs were removed, while the remaining parts were de-boned and de-skinned. Thereafter, the meat was minced using a food processor (National MK-5080M, England). The minced meat was weighed into 200g portions. Tomato powder was applied to a separate 200g of meat sample at the levels of 0% (control), 0.5%, 1% and 1.5% of the weight of the minced meat. 0.15% of Butylated Hydroxyl Anisole (BHA) was applied to a separate 200g of meat and this served as positive control. Each 200g of meat was divided into 16 parts of 12.5g each. Eight (8) of these were cooked for 1¹/₂ minutes using a microwave oven (National NN 5557 WF, China), while the other eight parts were left raw. The cooked and raw samples were stored in a refrigerator (ICHIBAN RF-5D1, Nigeria) for six and nine days, respectively. The refrigerator temperature was set at 4⁰C. Oxidative stability of the cooked samples was monitored at two-day intervals while that of raw samples was monitored at three-day intervals.

DETERMINATION OF LIPID OXIDATION

Lipid oxidation in the samples was evaluated using the 2-thiobarbituric acid (TBA) assay [20]. The 2-thiobarbituric acid reactive substance (TBARS) values were expressed in milligram per malonaldehyde per kilogram of meat samples (mg /MDA/kg meat). Each treatment was replicated three times. To carry out the TBA test, 10g of the meat sample was homogenized with 47.5ml of distilled water in a specimen bottle using glass pestle. The homogenized mixture was rinsed with 50ml of distilled water into a round bottom flask. Thereafter, 2.5ml of Hydrochloric acid (1:2 solution v/v) was added and the mixture was distilled through a condensing assembly to collect about 15ml of the distillate. The distillate (5ml) was mixed with 5ml of TBA (0.02M) and boiled for 35 minutes in water, then cooled for ten minutes with

cold tap water for color development. The absorbance readings for duplicate samples and blank that contained 5ml of hydrochloric acid solution and 5ml of thiobarbituric acid (TBA) reagent were measured at 538nm using a spectrophotometer (CECIL-2000, England). The absorbance values were multiplied by a factor of 7.8 to obtain the Thiobarbituric Acid Reactive Substance (TBARS) values in milligram per malonaldehyde per kilogram of sample (mg/MDA/kg).

SENSORY EVALUATION OF BROILER MEAT

A forty-member panel comprised of staff and students of Faculty of Agriculture, University of Ilorin, Nigeria constituted the taste panel (assessors). They were invited in groups of ten for each storage day and were instructed on the parameters to adjudge, using a five-point Hedonic scale. Each panelist was served 5g of each of the treated meat samples to taste. The raw samples were cooked in a microwave oven for one and half minutes before serving, while the cooked samples were re-warmed for 30 seconds using a microwave oven (National NN 5557 WF, China). Water was provided for each panelist to rinse his/her mouth after each bite to eliminate the taste of the previous meat sample.

STATISTICAL ANALYSIS:

The experiment followed a 5*2*4 factorial arrangement in a completely randomized design. The data obtained were analyzed using analysis of the variance model suitable for the design with the aid of Genstat 5 program package [21]. Duncan multiple range test was used to determine differences between means. Significance was defined at $P < 0.05$.

RESULTS AND DISCUSSION

The cooked meat samples were observed to have higher TBARS value (4.43) than the raw samples (2.31) as shown in Table 1. The reason might be that cooking activated some lypolytic enzymes such as lipase and phospholipase in the meat, which promoted lipid oxidation [22]. Another reason for the high TBARS value observed in the cooked samples might be the denaturation of the antioxidant compounds due to increase in temperature associated with cooking. It was reported that increase in cooking temperature of meat, results in decrease in the moisture content and increase in the fat content of the cooked meat thus increasing the rate of oxidative rancidity [23]. Other studies suggest that cooking disrupts the lipid membrane system, causing interaction of molecules such as oxygen and molecular weight metal with unsaturated fatty acids resulting in the generation of oxidative reactions [24, 25]. This result, however, contradicts the reports given by some authors who asserted that cooked pork patties have lower TBARS value than raw pork patties due to the formation of Maillard Reaction Products (MRPs) during cooking [4]. Maillard reaction products have been shown to have antioxidant activity [4, 10, 13]. It was further reported that the mechanism for antioxidant activity of MRPs is that they reduce hydroperoxides into products that are unable to form free radicals and inactivate free radicals that were formed during oxidative degradation of unsaturated fatty acids [4, 10, 13, 26]. Main effect of antioxidant treatments was evaluated irrespective of the state of meat and storage days (Table 1). The control samples were observed to be readily

susceptible to lipid oxidation with the highest TBARS value of 4.43; this was followed by samples containing BHA. The addition of 0.5%, 1% and 1.5% tomato powder incurred a significant reduction ($P < 0.05$) in lipid oxidation over those containing BHA. This shows that tomato powder is more potent than BHA, which has been reported to be effective in suppressing lipid oxidation in meat [11]. Apparently, oxidation of fat is enhanced in the presence of certain catalytic factors such as special metallic ions or salts but the process is slowed down or inhibited by antioxidants [15]. The low TBARS value obtained with 1.5% tomato powder is in accordance with the report, which states that the higher the amounts of antioxidant present in a medium, the lower the rate of lipid oxidation, and all things being equal [15].

Interactive effects of antioxidant treatments and storage days on the oxidative stability of cooked meat samples were shown in Table 2. It was observed that as the storage days increased, lipid oxidation increased. This may be caused by the increase in the formation of pro-oxidant compounds such as peroxides that eventually led to increment in lipid oxidation. At storage day zero, 0.5% tomato powder had the lowest TBARS value of 1.05. This was not significantly different from the TBARS value of 1%, 1.5% and BHA, which were 1.90, 2.14 and 2.03, respectively. At storage day two and day four, BHA had the lowest TBARS value of 2.76 and 4.23, respectively. However, there was no significant difference ($P > 0.05$) between these values and those obtained for 0.5% tomato powder, which were 3.56 and 5.83, respectively. At storage day six, 1.5% tomato powder had the lowest TBARS value of 3.43, which was not significantly different from that of BHA that was 3.69. This clearly confirms the capability of tomato powder to reduce lipid oxidation.

Interactive effects of graded levels of tomato powder and storage days in raw meat samples were shown in Table 3. At day 0, all levels of tomato powder reduced lipid oxidation more ($P < 0.05$) than the control treatment. 0.5% tomato powder had the lowest TBARS value of 0.18, which was significantly different ($P < 0.05$) from that of other treatments. At storage day three, 1.5% tomato powder performed better than other treatments. There was no significant difference in the antioxidant potency of 0.5%, 1% and BHA. At storage day six, 1.5% tomato powder had the lowest TBARS value of 1.82, which was significantly different from that of other treatments. Butylated Hydroxyl Anisole, 0.5% and 1% tomato powder were equally effective at day six. The profound influence of tomato powder in reducing lipid oxidation is probably brought about by the presence of lycopene and glutathione in the tomato powder both of which are natural antioxidants [10, 15, 19]. These natural antioxidants can react with peroxy or alkoxy radicals, terminate the chain reaction of peroxidation by scavenging chain-propagating radicals, and thus suppress lipid oxidation [19].

The TBARS values of meat samples resulting from the interactive effects of antioxidant treatments and state of meat were shown in Table 4. It was observed that BHA reduced lipid oxidation more ($P < 0.05$) in cooked meat samples. Although BHA had the lowest TBARS value of 3.18, this was not significantly different ($P > 0.05$) from the value obtained with 0.5% tomato powder, which was 3.72. Tomato powder at 1% and 1.5% had high TBARS value of 4.55 and 4.82, respectively. The reason for

these high values might be due to the formation of pro-oxidant compounds during heat treatment. Short heat treatment promotes initial reduction in the chain breaking activity of tomato juice. However, a recovery of activity was reported after prolonged heat treatment [19]. In raw meat samples, all levels of tomato powder reduced lipid oxidation more ($P < 0.05$) than BHA. The high TBARS value for BHA is unexpected and this could not be explained. Butylated hydroxyl anisole has been widely reported to be an active synthetic antioxidant [3, 4, 9, 27].

Sensory scores resulting from the interactive effects of antioxidant treatments and storage days on the sensory characteristics of cooked (re-warmed) meat samples were shown in Table 5. In all the treated meat samples, panelists ranked meat samples tasted at storage days 2, 4, and 6 as having more ($P < 0.05$) desirable color, and being juicier than meat samples tasted at storage day 0. The reason for this is likely that as storage days progress, there was enough time for the applied treatments to react with the meat samples, thereby giving room to exact their characteristic effects, thus improving the juiciness and characteristic color of the meat samples. However, this result is contrary to the report, which asserts that freshly processed meat exhibits more juiciness and has a preferred color than that stored under refrigerated or freezing condition because cold storage does not enhance food quality, but rather it leads to mineral loss and reduction in the protein quality especially for long-term storage [28]. In addition, it was reported that cold storage has detrimental effect on the texture of meat if carried out rapidly, while the meat is still in the pre-rigor state [28]. Other studies suggest that deterioration of fresh chilled meat is due to surface changes because the natural surface of meat consists of fat and connective tissue and during cooling, the consistency of the latter changes so that further loss of water by evaporation is enhanced [10, 13]. For flavor, in all the treated samples, meat samples tasted at storage day 0 were rated best by panelists than those tasted at other storage days. Meat samples tasted at storage days 2, 4, and 6 were said to have a sharp flavor. This was because as storage days increase, there was increase in the rate of lipid oxidation, which leads to warmed over flavor or oxidative rancidity. All tomato powder treated samples were scored higher than control and BHA treated samples. This agrees with the report that natural antioxidants are not only capable of enhancing the bland flavor of turkey meat, but also have a stabilizing effect on the flavor of the meat [29, 30]. With respect to tenderness, in all treatment levels except control, meat samples tasted at storage day 2 were more ($P < 0.05$) tender than those tasted at storage days 0, 4, and 6. Meat samples tasted at storage days 0, 4, and 6 were said to have the same tenderness. For the overall acceptability, 0.5%, 1%, and 1.5% tomato powders are ranked higher at all storage days than control and BHA. However, 1.5% tomato powder had the highest score. This clearly shows the capacity of tomato powder to enhance the sensory characteristics of broiler meat.

Table 6 showed the interactive effects of graded levels of antioxidant treatments and storage days on the sensory features of raw (recently cooked) broiler meat. In all antioxidant treatments, panelists ranked meat samples tasted at storage days 3, 6 and 9 as having a better color and being juicier than those tasted at storage day 0. This is in agreement with values of the cooked (re-warmed) meat samples. Tomato powder at 0.5%, 1%, and 1.5% treated samples were scored higher and said to have a better

($P < 0.05$) color than control and BHA treated samples. For flavor, panelists ranked tomato powder treated samples as having the same flavor but different from that of control and BHA samples at all storage days. With respect to tenderness, for all antioxidant treatments, panelists rated meat samples tasted at day 9 to be more tender than those tasted on other storage days. The overall acceptability of all antioxidant treatments except BHA at all storage days were not significantly different ($P > 0.05$). However, the overall acceptability of 1.5% tomato powder was the highest, thus, confirming the potency of tomato powder, not only as an antioxidant, but also a promoter of sensory characteristics of broiler meat.

CONCLUSION AND RECOMMENDATIONS

Addition of tomato powder to broiler meat effectively reduced lipid oxidation in raw and cooked samples compared to the control. It was also observed that 1.5% tomato powder was better than BHA in raw meat samples, while 0.5% tomato powder was more effective than BHA in cooked meat samples. Tomato powder improves the sensory characteristics of broiler meat. The use of tomato powder as antioxidant in broiler meat is highly recommended. Storage of meat in raw state is also recommended.

Table 1: Main effects of antioxidant treatments and state of meat on oxidative stability of broiler meat

Factor	TBARS (mg/MDA/kg)				
	Antioxidant treatments	0%	0.5%	1%	1.5%
	4.43 ^b	3.02 ^a	3.00 ^a	2.92 ^a	3.49 ^a
SE	0.154				
State of meat	Cooked		Raw		
	4.43 ^b		2.31 ^a		
SE	0.079				

^{a,b} means having different superscript along the same row are significantly different (P<0.05)

Table 2: Interactive effect of antioxidant treatments and storage days on oxidative stability of cooked broiler meat

Antioxidant treatments	TBARS (mg/MDA/kg)			
	Storage days			
	0	2	4	6
0%	8.03 _z ^b	4.34 _x ^c	9.96 _z ^c	6.25 _y ^b
0.5%	1.05 _x ^a	3.65 _y ^a	5.83 _z ^b	4.36 _y ^a
1%	1.90 _x ^a	4.50 _y ^b	5.92 _{yz} ^b	6.95 _z ^b
1.5%	2.14 _x ^a	4.74 _y ^b	7.92 _z ^{bc}	3.43 _x ^a
BHA	2.03 _x ^a	2.76 _x ^a	4.23 _y ^a	3.69 _{xy} ^a
SE	0.159			

^{a, b, c} means having different superscript along the same column are significantly different (P<0.05). _{x,y,z} means having different subscripts along the same row are significantly different (P<0.05).

Table 3: Interactive effect of antioxidant treatments and storage days on oxidative stability of raw broiler meat

Antioxidant treatments	TBARS (mg/MDA/kg)			
	Storage days			
	0	3	6	9
0%	2.47 ^{ab}	3.21 ^c	3.08 ^c	3.08 ^b
0.5%	0.18 ^x ^a	2.83 ^y ^b	2.75 ^y ^b	3.38 ^y ^b
1%	1.66 ^x ^a	1.79 ^x ^a	2.47 ^y ^b	1.30 ^x ^a
1.5%	1.99 ^y ^a	0.83 ^x ^a	1.82 ^y ^a	1.30 ^y ^a
BHA	2.21 ^x ^a	2.63 ^x ^b	2.45 ^x ^b	3.35 ^y ^b
SE	0.127			

^{a, b, c} means having different superscripts along the same column are significantly different (P<0.05). ^{x,y,z} means having different subscripts along the same row are significantly different.

Table 4: Interactive effect of antioxidant treatments and state of meat on oxidative stability of broiler meat

State of meat	TBARS (mg/MDA/kg)				
	Antioxidant treatments				
	0%	0.5%	1%	1.5%	BHA
Cooked	2.96 ^{bc}	2.28 ^b	2.16 ^b	1.49 ^a	3.66 ^c
Raw	5.89 ^c	3.72 ^a	4.55 ^b	4.82 ^b	3.18 ^a
SE	0.152				

^{a, b, c} means having different superscript along the same row are significantly different (P<0.05).

Table 5: Interactive effect of antioxidant treatment and storage days on sensory characteristics of raw (recently cooked) broiler meat

Antioxidant	Storage days	Sensory characteristics (Scores)				
		Colour	Flavor	Juiciness	Tenderness	Overall acceptability
0%	0	1.80 ^a	2.20 ^a	1.80 ^a	1.40 ^a	3.40 ^b
	3	2.00 ^a	3.20 ^b	1.40 ^a	2.20 ^a	2.80 ^a
	6	1.90 ^a	2.80 ^b	1.80 ^a	2.20 ^a	4.00 ^c
	9	2.20 ^a	2.20 ^a	2.00 ^a	2.20 ^a	2.80 ^a
0.5%	0	2.80 ^b	3.20 ^b	4.20 ^c	2.40 ^a	4.40 ^c
	3	3.00 ^b	3.60 ^{bc}	4.00 ^c	2.40 ^a	2.50 ^a
	6	2.80 ^b	3.20 ^b	4.00 ^c	3.60 ^{bc}	2.40 ^a
	9	2.60 ^{ab}	3.40 ^b	4.00 ^c	2.80 ^b	3.20 ^b
1%	0	2.60 ^{ab}	3.60 ^{bc}	3.80 ^{bc}	3.00 ^b	3.00 ^b
	3	3.00 ^b	3.60 ^{bc}	4.00 ^c	3.00 ^b	3.60 ^{bc}
	6	3.00 ^b	2.80 ^a	3.80 ^{bc}	3.40 ^b	3.60 ^{bc}
	9	3.40 ^b	3.20 ^b	3.80 ^{bc}	3.60 ^{bc}	3.00 ^b
1.5%	0	3.60 ^{bc}	3.60 ^{bc}	4.60 ^c	3.80 ^{bc}	3.40 ^b
	3	3.80 ^{bc}	4.60 ^c	4.60 ^c	4.20 ^c	3.20 ^b
	6	5.00 ^c	4.00 ^c	4.40 ^c	3.20 ^b	4.40 ^c
	9	4.60 ^c	4.40 ^c	4.40 ^c	4.10 ^c	4.40 ^c
BHA	0	2.20 ^a	3.20 ^b	3.20 ^b	2.10 ^a	1.60 ^a
	3	2.40 ^a	2.70 ^a	3.20 ^b	1.85 ^a	1.60 ^a
	6	2.50 ^a	2.40 ^a	3.10 ^b	1.60 ^a	2.00 ^a
	9	2.50 ^a	4.32 ^c	3.50 ^{bc}	2.20 ^a	2.40 ^a

a, b, c means having different superscript along the same column are significantly different (P<0.05)

Table 6: Interactive effect of antioxidant treatment and storage days on sensory characteristics of cooked (re-warmed) broiler meat

Antioxidant	Storage days	Sensory characteristics (Scores)				
		Colour	Flavor	Juiciness	Tenderness	Overall acceptability
0%	0	1.60 ^a	2.60 ^a	1.80 ^a	1.80 ^a	2.40 ^a
	2	1.60 ^a	2.60 ^a	1.40 ^a	1.80 ^a	3.00 ^b
	4	1.60 ^a	2.00 ^a	1.80 ^a	1.80 ^a	2.60 ^a
	6	1.60 ^a	2.20 ^a	2.00 ^a	2.00 ^a	3.20 ^b
0.5%	0	2.40 ^a	3.20 ^b	3.00 ^b	2.40 ^a	2.30 ^a
	2	3.60 ^{bc}	3.00 ^b	3.40 ^b	3.20 ^b	2.60 ^a
	4	2.30 ^a	2.50 ^a	1.80 ^a	3.00 ^b	2.20 ^a
	6	3.00 ^b	3.00 ^b	3.10 ^b	2.50 ^a	2.00 ^a
1%	0	2.60 ^a	3.60 ^{bc}	3.60 ^{bc}	3.20 ^b	2.60 ^a
	2	3.60 ^{bc}	3.00 ^b	3.20 ^b	3.40 ^b	2.60 ^a
	4	2.80 ^a	3.00 ^b	3.40 ^b	3.40 ^b	3.00 ^b
	6	3.40 ^b	3.60 ^{bc}	3.40 ^b	3.60 ^{bc}	2.60 ^a
1.5%	0	4.00 ^c	4.00 ^c	3.40 ^b	3.80 ^{bc}	3.60 ^{bc}
	2	4.40 ^c	3.40 ^b	3.40 ^b	4.00 ^c	4.40 ^c
	4	4.40 ^c	3.80 ^{bc}	3.60 ^{bc}	2.20 ^c	3.40 ^b
	6	4.20 ^c	4.20 ^c	3.00 ^b	2.60 ^a	2.80 ^a
BHA	0	2.00 ^a	3.00 ^b	3.20 ^b	1.60 ^a	2.10 ^a
	2	2.00 ^a	2.00 ^a	3.20 ^b	2.00 ^a	2.20 ^a
	4	2.40 ^a	2.20 ^a	3.30 ^b	2.00 ^a	2.20 ^a
	6	3.00 ^b	2.40 ^a	3.30 ^b	2.40 ^a	2.20 ^a

^{a, b, c} means having different superscript along the same column are significantly different (P<0.05)

Table 7: Sensory Score sheet (5-point hedonic scale)

Sensory characteristics	Sensory scores				
	1	2	3	4	5
Color	Dislike extremely	Dislike moderately	Neither like nor dislike	Like moderately	Like extremely
Flavor	Dislike extremely	Dislike moderately	Neither like nor dislike	Like moderately	Like extremely
Juiciness	Extremely dry	Slightly dry	Slightly juicy	Moderately juicy	Extremely juicy
Tenderness	Very tough	Slightly tough	Slightly tender	Moderately tender	Extremely tender
Overall acceptability	Dislike extremely	Dislike moderately	Neither like nor dislike	Like moderately	Like extremely

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